

Coach Summit 2023 Programme

“Getting back to it”

Saturday 28th January 2023

- 10.00 Registrations and networking
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- 11.00 Welcome - BaseballSoftballUK CEO John Boyd
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- 11:15 The Coaching Landscape in the UK
Gary Anderson - BSUK & GB Head of Performance
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- 11.30 Coaching from an Athlete's Perspective
Amy Moore - Catcher, GB Softball & BSF Hall of Famer
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- 12:00 Intro to Blind Baseball / Baseball5 / BUCS Baseball and Softball
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- 12.20 Coaching/scouting/analytics and player selection
Liam Carroll - Boston Red Sox MiLB Manager & GB Baseball
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- 12.50 Coach Summit 2023 Q&A Session
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- 13.00 Lunch
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- 14.00 Guest speakers:
Drew Spencer - Head Coach and Lead Programme Manager,
Great Britain Baseball
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- 14.30 Tara Henry - Great Britain Women's Softball Head Coach
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- 15.00 Kellie Whittaker - Team Operations Manager,
Great Britain Slowpitch Softball
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- 15.30 Performance Coaching - Research Project
Dr Alice Hunter - Lecturer in Sports Science, Bournemouth Uni
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- 15.40 Tea and coffee break
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- 16.00 Getting Back To It – how the next session will work
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- 16.05 Coaches – Get ready for 2023!
Safeguarding information, DBS form completion, Charter Services,
Governance information, and more!
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- 18.30 Pre-dinner drinks
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- 19.00 Welcome to the British Baseball & Softball Coaching Awards
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- 19.05 Dinner speaker:
Gary Anderson, Head of Performance
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- 19.30 Dinner
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- 20.15 2023 British Baseball & Softball Coaching Awards Ceremony



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Sunday 29th January 2023

09:30	Welcome and networking
10:00	Recap of Saturday, and move to indoor sport area
10:15	Hitting Mechanics – Baseball and Softball
11:00	Pitching & Catching – Baseball
	Pitching & Catching – Fastpitch Softball
11:45	Tea and coffee break
12:00	Strength / Conditioning and recovery Emmanuel Owolabi - Strength & Conditioning Coach, GB Women's Softball
12:15	Guest Speaker Lauren Forrow - Operations Manager, Great Britain Cycling Team
12:45	Guest Speaker Jonathon Cramman - Scout & Coach, GB Baseball
13:00	Panel Discussion
13:30	Lunch
14:30	Guest Speaker Chase Utley - World Series Champion, Six-time MLB All-Star
15:15	Coach Summit 2023 Q&A and close



We invite you to scan the QR code above to provide feedback on the Summit

